



Resources available for career changes

Not a comprehensive list, but a good starting point.

1. **Online career assessments:** Some are good, some are bad. If anything, don't pay for an assessment, there are free ones that can provide some good baseline feedback. They can also help you match your skills and interests with potential careers.
2. **Career Counseling:** A professional Career Counselor can help you explore options, develop a plan, and overcome challenges you're facing. Vet "Career Coaches" as many are not qualified to handle career changes and offer very templated services.
3. **Books, Articles, and AI:** There are many books and articles available on career change. These resources can provide you with information on the job market, different career paths, and how to make a successful transition. AI is becoming very popular at providing baseline information for career changes to help create a starting point.
4. **Networking:** Networking with people in your field can help you learn about new opportunities and make connections that can help you advance your career. You can network online or at industry events. Show up, stay connected, and consistent.
5. **Online courses:** There are SO many free or low cost courses on Coursera, Udemy, LinkedIn Learning, etc., that can help you learn new skills and gain experience in your field, or fields you are considering transitioning into.
6. **Certifications:** Getting certified is a great way to demonstrate your skills and knowledge to potential employers, and get ahead of the competition. There are certifications available for a variety of professions, including IT, healthcare, finance, marketing, etc.
7. **Job boards:** Job boards can help you find open positions in your field. You can search for jobs by location, keyword, and other criteria.
8. **Social Media:** Be careful. Taking advice from inexperienced "influencers" on TikTok can be very dangerous. There are a TON of career advice myths floating around. Stay up to date on trends, but take a lot of things at face value.

By using some of these resources in your toolbox, you can make the process of career change less daunting and more successful. Here are some additional tips for making a career change:

- **Do your research:** Before you make any decisions, take time to research different career paths. Learn about the job market, the skills and education required, and the salary range.
- **Set realistic goals:** Don't expect to change careers overnight. Set realistic goals for yourself and make a plan to achieve them.
- **Be patient:** I've been there. You want to change tomorrow. It takes time to make a career change. Don't get discouraged if you don't see results immediately. Keep working hard and eventually you will reach your goals.

Making a career change can be a challenge, but it is also an exciting opportunity that is needed at this point in your life. By following some of these tips, you can make the process less daunting and more successful for YOU.